

Parents, Please Join Us

Addressing Anxiety and ADHD in Gifted Learners Using an Integrative Approach

Presented by Laura Wingers, PsyD

Thursday, January 13, 2022
6:00 p.m. - 7:00 p.m.



Do you know a gifted learner with anxiety, inattention, distractibility, impulsivity and/or executive function challenges?

When we encounter the emotional and behavioral intensity that many gifted children experience, we can empower them, and ourselves, with greater knowledge of the incredible mind-body connection. The emerging research in pediatric integrative medicine provides a wealth of information about the impact of stress, inflammation, and lifestyle factors. Take a personal health inventory, learn when, why and how to introduce mind-body approaches to children, and explore intentional practices to improve well-being and support healthy functioning at school and at home.

Start the new year off right! Join us Thursday, January 13.

About the Speaker: Dr. Laura Wingers is a clinical psychologist and the founder of CENTER Psychology & Consulting, located in Scottsdale, Arizona. With a background in pediatric neuropsychology, clinical psychology, and school psychology, Dr. Wingers' professional focus includes integrative intervention approaches, and assessment and consultation on issues impacting early childhood development; highly and profoundly gifted intellect and related developmental asynchrony; anxiety and mood disorders; dyslexia and other learning differences; and ADHD and executive function impairments.

She and the team at CENTER work closely with parents, teachers, physicians, and other treatment providers to identify and meet the needs of school age children and adolescents. Dr. Wingers consults with individuals, families and schools and is passionate about finding answers and meeting challenges with understanding and hope.

UPC will Start This Presentation at 6:00pm. Join us on Zoom, UPC Facebook Page - LIVE and Recorded for Playback on both UPC Facebook Video & PVUPC YouTube Channel-
<https://www.YouTube.com/c/PVUPC/>.

REGISTER FOR ZOOM --When you register, you will get the login information specific for you to enter the meeting.

<https://tinyurl.com/UPC-1-13-22-Anxiety-ADHD>

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